DE HEART UH BARBADOS 2013
10K OVERALL RESULTS

1	23 Greenidge, Mark	Men 40-44	ST Michael	39:51.00	
2	97 Rock, Christian	Men 20-24	Sports Cave Hill	40:22.00	
3	130 Bourne, Patrick	Men 45-49	Christ Church	41:19.00	
4	132 Sealy, Glyne	Men U20	ST Thomas	42:03.00	
5	72 Mascoll, Winston	Men 45-49	UFUKUZO	43:03.00	
4	7 Laurent, Christina	Women 20-24	Sports Cave Hill	41:43.00	
14	133 Marshall, Dominique	Women 40-44	Unattached	45:15.00	
16	41 Pipe, Carlie	Women 25-29	UFUKUZO	46:12.00	
25	40 Bryan, Laura	Women 35-39	RUNNERS WAY	50:12.00	
34	96 Wilson Patrick, Diana	Women 45-49	RUNNERS WAY	52:22.00	